

All year you do so much to keep your congregations healthy. Take 24 hours to nurture yourself.

Relax !
No responsibilities for 24 hours.

Worship!
You don't have to plan or lead it.

Socialize!
Get to know your colleagues better; play, talk, eat, laugh, exchange ideas.

Exercise!
Open gym, hiking and walking trails.

Pamper Yourself!
Sign up for a massage with a licensed massage therapist. See details in schedule section.

Reconnect!
Spend time with God.

Enjoy!
Camp Hebron is a beautiful place to "be still and know that I am God."



The Strengthening Our Congregations Committee of the presbytery sponsors this event with financial support from the Committee on Ministry.

Directions to Camp Hebron

South and East: I-81 (Exit 67B), Rt. 322W to 225N, Halifax exit. Rt. 225N through Dauphin crossing Peter's Mountain. At the bottom of the mountain, turn right on Camp Hebron Rd. Camp entrance 3 miles on the right.

West: From Rts. 322-22, after crossing the Susquehanna River, take Rt. 147N for about 5 miles to the stop. Turn right on Rt. 225S going 3/4 mile to Matamoras Rd. Turn left on Matamoras going 2.2 miles. The paved road veers right and becomes Taylor School Rd. Stay on Taylor School Rd. until the stop. At stop sign turn right, cross the bridge, go up a hill and the camp entrance is on the left.

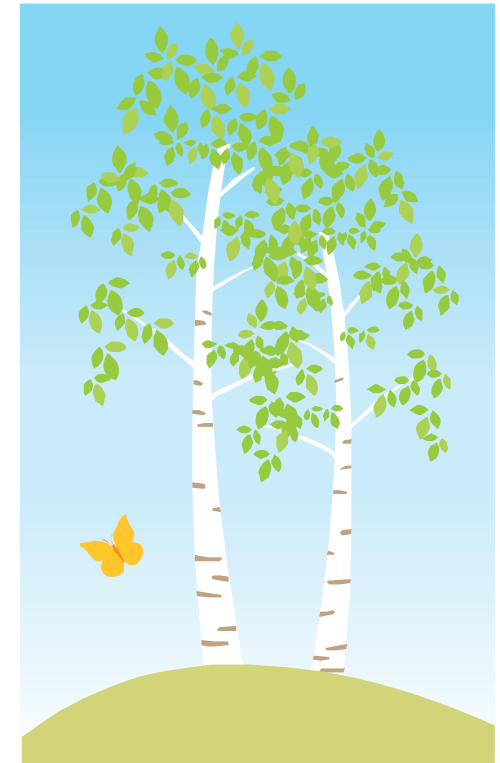
North: Take Rt. 147S to Halifax. Rt. 147 joins Rt. 225 in Halifax. Continue on Rt. 225S through Halifax to Matamoras Rd., 3/4 mile past the Sheetz. Turn left following Matamoras Rd. for 2.2 miles. The paved road veers right becoming Taylor School Rd. Stay on Taylor School Road until the stop sign. Turn right, cross the bridge, go up a hill and the camp entrance will be on the left.

Camp Address and Emergency Numbers

Camp Hebron
957 Camp Hebron Rd., Halifax, PA 17032
1-800-864-7747 717-896-3441



Clergy and Christian Educator Retreat 2010



Spiritual Spa: A Retreat for the Heart and Soul

April 13-14

Noon lunch through
noon lunch

Contact Information

Contact: Debby Madden

Phone: 717-243-4612

E-mail: dmadden.fpcarl@pa.net

Schedule

Tuesday

Morning

11:30 Arrive/Check-in

12:00 Lunch

Afternoon

1:00 Time together

2:00 Rest and relaxation

Free time to Hike, walk, nap, visit the spirituality center, etc.

*** Special "free time" activity ***

Sign up for a massage with a licensed massage therapist, half hour and full hour massages available. Please sign up when registering for the retreat.

See costs on next page.

Evening

5:00 "Happy Hour"

6:00 Dinner

7:00 Evening Vespers

7:30 Evening Fun - games, puzzles, conversation, etc.

Wednesday

Morning

7:45 Morning Watch

8:00 Breakfast

9:00 Soul food - focus on Sabbath Keeping

11:30 Worship

12:00 Lunch and Good-bye

Costs

\$35 per person - double room and 4 meals

\$50 per person - single room and 4 meals

\$60 per clergy couple - room plus 4 meals

\$30 additional for 1/2 hour massage

\$60 additional for full hour massage

Checks payable to the "Presbytery of Carlisle." *If you are signing up for a massage, please include payment with registration fee.*

Deadline to sign up March 19

Arrival Time

Check in after 11 AM and before 12 PM

We begin with lunch on April 13.

Check Out

By 11 AM - Leave after lunch on April 14.

What to Bring

Casual clothes, personal items, Bible, walking shoes. If you'd like, bring a board or table game and an instrument if you play one. The camp provides towels and bed linens.



Presbytery of Carlisle
Presbyterian Church (U.S.A)

Registration Form

"2010 Gathering of Ministers and Educators"

April 13-14, 2010

12 PM Lunch to 12 PM Lunch

Deadline: March 19, 2009

Name _____ Phone _____

Home Address _____

City _____ State _____ Zip _____
(The camp requires this, even with adults, for emergency contact information.)

Check One:

_____ \$35 double room

_____ \$50 single room

_____ \$60 clergy couple

Optional "Free Time" Activity:

I would like to sign up for a 1/2 hour massage and will pay \$30 extra or a full hour massage and will pay \$60 extra. Please include full payment along with retreat cost. 1/2 hour _____ full hour _____

Please indicate the approximate time you would like your massage - scheduling will be done by retreat planners who will do their best to accommodate your request. _____

Please note any special dietary needs below.

Please return your check (payable to the Presbytery) and registration by March 19 to:

Debby Madden
First Presbyterian Church
2 A North Hanover St.
Carlisle, PA 17013