



## **Save the Date**

**Saturday, September 28, 2019  
Mechanicsburg Presbyterian Church**

Back by popular demand, the Education Committee of Carlisle Presbytery will again hold the event, **REFRESH!**

This is a day filled with opportunities to take a break from your regular routine, engage with other Presbyterians from around the Presbytery, enjoy food and fellowship, and also have the opportunity to explore some topics that we hope will engage you in new ways.

### **Keynote Speaker: Maryann McKibben Dana**

- ❖ Hearts and Mind bookstore will again set up a store
- ❖ Workshops & learning labs designed for this event are: Grief, Art & Music in our Spiritual Lives, Improv, Enneagram, Outreach, Social Media, among others
- ❖ Spirituality Centers will also make a return visit.

You won't want to miss REFRESH, so be sure to save the date!