

You are invited...

## Boundary Training

Hosted by the Presbytery of Carlisle

Wednesday, February 15, 2023

9:00 am to 4:00 pm

Paxton Presbyterian Church

3500 Sharon St., Harrisburg

**Cost:** \$15.00 covers lunch and refreshments. Please pay on-line when you register, or at the door by cash or by check, payable to The Presbytery of Carlisle.

Register [here](#) no later than Friday, February 3

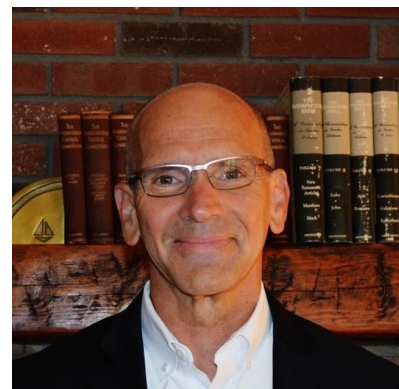
The Commission on Ministry is pleased to announce that Dr. David Olsen will be with us, in person, for a full day workshop on maintaining boundaries for personal growth and pastoral excellence. The day will include time for lunch and connecting with colleagues.

Those who have attended Dr. Olsen's training in recent years will find that this year's workshop invites us to go a bit deeper. In addition to a refresher on:

- WHAT effective boundaries are in the changing context of ministry
- WHY boundaries are so hard to maintain
- HOW we can focus on prevention and build strategies for holding boundaries aimed at allowing for growth

We've asked Dr. Olsen to give focused attention to helping us explore the dynamic interplay of issues within ourselves and issues in the systems we serve, especially as chronic anxiety has increased in congregations during and after COVID. In our often messy, complicated work with our congregations, how might we strengthen our capacity for self-differentiation and improve our Emotional Intelligence?

Dr. David Olsen is Executive Director of The Samaritan Pastoral



Counseling Center in Albany NY, and co-author of the book, ***Saying No To Say Yes***. As an adjunct professor of family therapy, an ordained minister of the American Baptist Churches, coach and consultant to clergy and congregations, Dr. Olsen brings a depth of wisdom, experience, and stories that make the training impactful!

***Please note:*** It is the expectation of the Commission on Ministry, that all Carlisle Presbytery Ministers of Word and Sacrament in active service (including retired clergy who supply pulpits and/or moderate Sessions) and Commissioned Ruling Elders actively serving congregations will participate in Boundary Training at least once every three years. ***Attendance is documented by the Stated Clerk of the Presbytery.***

If you have attended Boundary Training elsewhere in the past three years, it counts! Please provide documentation to [kristal.smith@carlislepby.org](mailto:kristal.smith@carlislepby.org) If you have not completed Boundary Training in the past three years and are unable to participate in the training scheduled for February 15, 2023, please contact Kristal for information about alternative training, available through [LeaderWise](#).

This Boundary Training workshop is recommended, not only for pastors and CREs, but also for staff serving congregations, elders in active service on Sessions, and Inquirers and Candidates preparing for ministry.